

A GUIDE TO THE WALK WITH THE OLDONES
CEDARLIGHT GROVE, ADF

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1) **Herald**, Give folks a 10 minute warning

Gather some offerings for Earth, Ancestors, Nature Spirits, Shining Ones and anything else you think you might need.

2) **Gather**, Sound the call
Musical Signal—Cedar Light Gong

Druid Calls Come from the mountains, the meadows, the moors;
Come from the forest the farms and the fields;
Come from the rivers, the lakes and the seas;

We Respond: **We come to the Well and the Fire and the Tree**

Druid Calls Come shapers of wood, come molders of clay, come ye who
pull ore from the mines;
Come Warriors; Come WiseOnes Come ye who ride far o'er
the plains;
Come families, and elders, and ye who bring notes from the
strings;

We Respond: **We come to the Well and the Fire and the Tree**

Druid Call Come with your burdens, your doubts and your fear;
Come with your prayers, your illness and grief;
Come with your hymns, your dancing and joy;

We Respond: **We come to the Well and the Fire and the Tree**

Welcome the folk to Walk With the OldOnes
(Optional)

We come to honor the Gods, the Spirits and the Ancestors of this place.

We Respond: **The Old Ones are with us.**

Honoring the Earth
Honoring the Ancestors
Honoring the Nature Spirits
Honoring the Shinning Ones

3) **Center**, Draw folk into the moment and into the sanctuary, dismiss
distractions.

The Meditation _____
(You can just do a few minutes of silence)

Unity Chant/Song

Grove Chant **Walk now with me; Within our sacred grove,
Holly, Pine and Cedar; Apple Vine and Heather;
Oak and Ash and Thorn**
(repeat 3 times)

4) **Create**, Create offering gifts for the OldOnes, to amuse, to please,
to appease & divert;
(poems, readings from books, readings from divinatory means,
speaking from the heart, requests for healing. Try to lead topics away
from politics or negative subjects, plenty of time for that at RoC.)

5) **Thank**, Thank OldOnes and the folk and retire to Rites of Caffaina